

Healthy **smiles** for healthy bodies

Humana

Alachua County Public Schools

Plan Year 2025



Our dental plans will make you smile



At Humana we want to help take care of you. Dental health is an important part of your overall well-being, and Humana's dental benefits help make it easy to make your dental care a priority. When you sign up for a Humana dental plan, you're signing up for a healthier you.

Why sign up for dental benefits?



If you've never bought dental insurance before, **you'll be pleasantly surprised at the monthly cost**.



Preventive dental care, such as check-ups and cleanings, help stop issues before they start saving you time and money in the long run. And when you use an in-network dentist, **preventive care is at no additional cost to you.**



For years, doctors have recognized the link between oral health and whole-body health. Routine teeth cleanings can help reduce your risk for heart disease, stroke and dementia.



Plus, **caring for you is at the heart of everything we do** so we make it easy for you to get the help you need – when you need it. Our service teams are always ready to help and answer your questions.



Review the benefit information in this guide to help you choose a dental plan that's right for you.

HumanaDental Advantage Plus 1S Plan

Advantage Plus plans are network-based dental plans that emphasize prevention and cost containment. Members select any participating general dentist in HumanaDental's Advantage Plus network. Care received from an out-of-network dentist (except emergency care) is not a covered benefit. S plan copayments for listed procedures are applicable at participating General Dentist. To find a dentist, call 1-800-233-4013 or look on **Humana.com**.

Specialists services: Should members need a specialist, (i.e., endodontist, oral surgeon, periodontist, pediatric dentist), they may be referred by a participating general dentist, or members can self-refer to any participating specialist. For HumanaDental Advantage Plus S plans, copayment amounts are applicable when treatment is performed by participating specialists.

Office visit copay

\$5/\$15

Annual maximum

No annual maximum

Summary of services

| Preven | tive Member pays |
|---|---|
| D0120° D0140° D0145 | Periodic oral examination no charge Limited oral evaluation—problem focused no charge Oral evaluation for a patient under three years of age and counseling with primary |
| D0150 | caregiver (limit 1 every 12 months) |
| D0160 | established patient (limit 1 every 24 months) . no charge Limited/comprehensive/detailed and |
| D0170 | extensive oral eval (limit 1 every 12 months) . no charge Re-evaluation—limited problem focused |
| D0180 | (limit 1 every 12 months) no charge Comprehensive periodontal eval—new/ |
| D0210 | established patient (limit 1 every 24 months) . no charge X-ray intraoral—complete series |
| D0220 | (limit 1 every 3 years)no charge X-ray intraoral—periapical, first radiographic |
| D0230 | image (limit 9 every 12 months includes D0230) no charge X-ray intraoral—periapical, each additional radiographic image (limit 9 every 12 months |
| D0240 D0250 | includes D0220)no charge X-ray intraoral—occlusal radiographic image no charge Extra-oral – 2D projection radiographic image created using a stationary radiation |
| D0270° D0272° D0273° D0274° D0277° D0330 | source, and detectorno charge Bitewing—single radiographic image no charge Bitewings—two radiographic images no charge Bitewings—three radiographic images no charge Bitewings—four radiographic images no charge Vertical bitewings—7 to 8 radiographic images . no charge Panoramic radiographic image (limit 1 |
| D0470 D1110° D1120° D1206° | every 3 years) no charge Diagnostic casts no charge Prophylaxis—adult (inclusive of D4910) no charge Prophylaxis—child (inclusive of D4910) no charge Topical application of fluoride varnish (for |
| D1208° | child <16) no charge Topical application of fluoride – excluding |
| D1351 | varnish (for child <16)no charge Sealant—per tooth (limit 1 per tooth every 12 months for child <14) . no charge |
| Basic | Member pays |
| D1510 | Space maintainer—fixed, unilateral (limited to child <14) \$ 53.00 |

| D1515 | Space maintainer—fixed, bilateral | |
|--------------------|--|----------|
| CICIO | (limited to child <14) | 70.00 |
| D1520 | (limited to child <14)\$ Space maintainer—removable, unilateral | . 0.00 |
| | (limited to child <14)\$ Space maintainer—removable, bilateral | 66.00 |
| D1525 | Space maintainer—removable, bilateral | |
| | (limited to child <14) \$ Re-cement or re-bond space maintainer \$ Amalgam—one surface primary or permanent \$ | 91.00 |
| D1550 | Re-cement or re-bond space maintainer § | 12.00 |
| D2140 | Amalgam—one surface primary or permanent \$ | 24.00 |
| D2150 | Amalgam—two surfaces primary or permanent\$ | 31.00 |
| D2160 | Amalaam—three surfaces primary | |
| D2100 | or permanent | 37.00 |
| D2161 | or permanent | 57100 |
| | primary/permanent | 46.00 |
| D2330 | Resin based composite—one surface, anterior | 24.00 |
| D2331 | Resin based composite—two surfaces, anterior S | 31.00 |
| D2332 | Resin based composite—three | 20.00 |
| D2335 | surfaces, anterior | 38.00 |
| DZ333 | surfaces involving incisal goale | 45.00 |
| D2390 | surfaces, involving incisal angle | 43.00 |
| D2391 | Resin based composite—one surface nosterior \$ | 28.00 |
| D2392 | Resin based composite—one surface, posterior .\$ Resin based composite—two surfaces, posterior \$ | 37.00 |
| D2393 | Resin based composite — three | 57.00 |
| 02000 | surfaces, posterior\$ | 46.00 |
| D2394 | Resin based composite—three surfaces, posterior | |
| | surfaces, posterior \$ | 56.00 |
| D4341 | Periodontal scaling and root planing—per | |
| | quadrant, four or more teeth | 20.00 |
| | (limit 1 per quad every 12 months) \$ | 39.00 |
| D4342 | Periodontal scaling and root planing—per quadrant, 1-3 teeth | |
| | (limit 1 per quad every 12 months)\$ | 21.00 |
| D4355 | Full mouth debridement to enable | 21.00 |
| 01555 | comprehensive evaluation and diagnosis | |
| | (limit 1 every 5 years) \$ | 26.00 |
| D4910 | Periodontal maintenance (limit 1 every 6 | |
| | months. Inclusive of D1110 and D1120) S | 23.00 |
| D7111 | Extraction coronal remnants deciduous tooth . \$ | 20.00 |
| D7140 | Extraction erupted tooth or exposed root \$ | 26.00 |
| Major | Meml | per pays |
| D2510 ^b | Inlay—metallic, one surface\$ | - |
| | Tolay metallic two surfaces | |

| D2510 ^b | Inlay—metallic, one surface\$313.00 |) |
|--------------------|---|---|
| D2520 ^b | Inlay—metallic, two surfaces\$355.00 |) |
| D2530 ^b | Inlay—metallic, three or more surfaces \$410.00 |) |
| D2542 ^b | Onlay—metallic, two surfaces \$402.00 |) |

D2543^b Onlay—metallic, three surfaces.......\$420.00 Onlay—metallic, four or more surfaces...... \$437.00 Inlay—porcelain/ceramic, one surface...... \$368.00 Inlay—porcelain/ceramic, two surfaces..... \$389.00 Inlay—porcelain/ceramic, three or D2544^b D2610^b D2620^b D2630^b more surfaces..... \$414.00 D2642^b Onlay—porcelain/ceramic, two surfaces \$403.00 Onlay—porcelain/ceramic, three surfaces.... \$434.00 D2643^b D2644^b Onlay—porcelain/ceramic, four or more surfaces..... \$461.00 Inlay-resin based composite, one surface... \$242.00 D2650^b Inlay—resin based composite, two surfaces . \$288.00 Inlay—resin based composite, three or D2651^b D2652^b more surfaces..... \$303.00 D2662^b Onlay-resin based composite, two surfaces. \$263.00 D2663^b Onlay—resin based composite, three surfaces. \$310.00 D2664^b Onlay—resin based ccomposite, four or more surfaces \$332.00 Crown—resin based composite, indirect \$187.00 D2710^b D2751^b Crown—porcelain fused predom base metal . \$434.00 D2752^b Crown—porcelain fused to noble metal \$445.00 D2790bCrown—full cast high noble metal\$450.00D2791bCrown—full cast predom base metal\$426.00D2792bCrown—full cast noble metal\$434.00D2910Re-cement or re-bond inlay, onlay, veneer or\$434.00 D2920 Crown—prefabricated porcelain/ceramic D2929 crown - primary tooth \$115.00 Crown—prefabricated stainless steel, D2930 primary tooth \$115.00 Crown—prefabricated stainless steel, D2931 D2932 D2940 D2950 Pin retention—per tooth addition restoration. \$ 23.00 D2951 Cast post and core in addition to crown \$168.00 Prefabricated post and core in addition to crown . \$139.00 D2952 D2954 D3220 D3310 D3320 D3330 D3346 D3347 D3348 Apicoectomy/periradicular surgery—anterior . \$361.00 Apicoectomy/periradicular surgery—bicuspid . \$394.00 D3410 D3421 Apicoectomy/periradicular surgery—molar . . \$445.00 Apicoectomy/periradicular surgery—each D3425 D3426 addtl root \$148.00 D3430 D4210° D4211° teeth, quad\$153.00 Gingival flap proc—four or more teeth, quad . \$421.00 Gingival flap proc—1 to 3 teeth, quad \$217.00 Clinical crown lengthening – hard tissue..... \$481.00 D4240^c D4241° D4249 Osseous surgery (including elevation of a full D4260 thickness flap and closure) – four or more contiguous teeth or tooth bounded spaces per quadrant \$680.00

| D4261 | Osseous surgery (including elevation of a full thickness flap and closure) – one to three contiguous teeth or tooth bounded spaces |
|--|---|
| D5110 ^d D5120 ^d D5130 ^d | per quadrant |
| D5140 ^d D5211 ^d D5212 ^d D5213 ^d | Immediate denture—maxillary \$700.00 Immediate denture—mandibular \$700.00 Maxillary partial denture—resin base \$542.00 Mandibular partial denture—resin base \$629.00 Maxillary partial denture—cast metal— |
| D5214 ^d | resin base |
| D5410 ^c D5411 ^c D5421 ^c D5422 ^c D5510 D5520 | resin base |
| D5610 D5620 D5630 D5640 | Repair resin denture base\$ 76.00Repair cast framework\$ 82.00Repair or replace broken clasp—per tooth\$ 100.00Replace broken teeth—per tooth\$ 64.00 |
| D5650 D5660 | Add clasp to existing partial denture—per |
| D5710 ^e D5711 ^e D5720 ^e | tooth |
| D5721 ^e D5730 ^e D5731 ^e D5740 ^e | Rebase mandibular partial denture\$246.00Reline complete maxillary denture\$147.00Reline complete mandibular denture\$147.00Reline maxillary partial denture\$135.00 |
| D5741 ^e D5750 ^e D5751 ^e | Reline mandibular partial denture |
| D5760 ^e D5761 ^e D5850 | Reline maxillary partial denture |
| D5851 D6092 D6093 | Recement implant/abutment supported crown . \$ 42.00 Recement or re-bond implant/abutment |
| D6210 ^f D6211 ^f D6212 ^f | supported fixed partial denture |
| D6240 ^f D6241 ^f D6242 ^f | Pontic—cast noble metal |
| D6250 ^f D6251 ^f D6252 ^f D6600 ^f | Pontic—resin with high noble metal \$420.00 Pontic—resin with predominantly base metal . \$388.00 Pontic—resin with noble metal \$400.00 Retainer inlay—porcelain/ceramic, two |
| D6601 ^f | surfaces |
| D6602 ^f | more surfaces |
| D6603 ^f | Retainer inlay—cast high noble metal, three or more surfaces |
| D6604 ^f | Retainer inlay—cast predom base metal, two surfaces\$372.00 |
| D6605f | Retainer inlay—cast predom base metal, three or more surfaces \$394.00 |
| D6606 ^f | Retainer inlay—cast noble metal, two surfaces\$366.00 |

| D6607 ^f | Retainer inlay—cast noble metal, three or |
|--|--|
| D6608 ^f | more surfaces\$406.00 Retainer onlay—porcelain/ceramic, two |
| D6609 ^f | surfaces |
| D6610 ^f | more surfaces |
| | surfaces \$409.00 |
| D6611 ^f | Retainer onlay—cast high noble metal, three or |
| D6612 ^f | more surfaces\$448.00 Retainer onlay—cast predom base metal, |
| | two surfaces\$407.00 |
| D6613 ^f | Retainer onlay—cast predom base metal, three or more surfaces \$426.00 |
| D6614 ^f | Retainer onlay—cast noble metal, two surfaces\$399.00 |
| D6615 ^f | Retainer onlay—cast noble metal, three or |
| D6720 ^f | more surfaces |
| D6721 ^f | metal |
| D6722 ^f D6740 ^f | Retainer crown—resin with noble metal \$458.00 Retainer crown—porcelain/ceramic \$499.00 |
| D6750 ^f | Retainer crown—porcelain fused to high |
| D6751 ^f | noble metal\$486.00 Retainer crown—porcelain fused to predom |
| D6752 ^f | base metal\$453.00 Retainer crown—porcelain fused to noble |
| D6780 ^f | metal\$464.00 Retainer crown—3/4 cast high noble metal\$458.00 |
| D6790 ^f | Retainer crown—full cast high noble metal \$469.00 |
| D6791 ^f D6792 ^f | Retainer crown—full cast predom base metal \$445.00 Retainer crown—full cast noble metal \$461.00 |
| D6930 ^f | Re-cement or re-bond fixed partial denture \$ 57.00 |
| D7210 | Surgical removal—erupted tooth |
| D7220 | Removal of impacted tooth—soft tissue \$135.00 |
| D7230 | Removal of impacted tooth—partially bony . \$1/9.00 |
| D7240 | Removal of impacted tooth—completely bony. \$211.00 |
| D7241 | Remove impacted tooth—completely bony w/comp\$265.00 |
| D7250 | w/comp\$265.00 Surgical removal of residual tooth roots\$114.00 |
| D7230 D7310 | Alveoloplasty in conjunction w/extractions— |
| 0,010 | per quad \$125.00 |
| D7311 | Alveoloplasty in conjunction |
| D7320 | w/extractions—1-3 teeth\$ 97.00 Alveoloplasty not conjunction w/ |
| | extractions—per quad \$181.00 |
| D7321 | Alveoloplasty not conjunction w/extractions—1-3 teeth \$153.00 |
| D7510 | Incision and drainage of abscess—intraoral \$120.00 |
| D7520 | Incision and drainage of abscess —extraoral . \$570.00 |
| D7960 | Frenulectomy—separate procedure\$111.00 |
| | |

| D7970 | Excision of hyperplastic tissue—per arch \$272.00 Palliative treatment dental pain— |
|--------|--|
| 09110 | minor procedure\$ 45.00 |
| D9215 | Local anesthesia no charge |
| D9310 | Professional consultation by |
| | non-treating dentist\$ 96.00 |
| D9951 | Occlusal adjustment—limited \$ 58.00 |
| D9952 | Occlusal adjustment—complete\$326.00 |
| Orthod | Institut Mambay paya |

| Orthoo | lontics | Member pays |
|--------|---|---|
| D8070 | Comprehensive Orthodontic treatment of the transitional/adolescent dentition; Children up to 19 years of age; Up to 24 months of routine orthodontic treatmen Class I and Class II cases Consultation | t for no charge \$ 35.00 \$ 250.00 |
| D8080 | Orthodontic treatment Comprehensive Orthodontic treatment of the transitional/adolescent dentition; Children up to 19 years of age; Up to 24 months of routine orthodontic treatmen Class I and Class II cases Consultation | t for |
| D8090 | Evaluation Records/Treatment Planning Orthodontic treatment Comprehensive Orthodontic treatment c the transitional/adult dentition; Adults 1 years of age and older; Up to 24 months routine orthodontic treatment for Class I and Class II cases. | \$ 35.00 \$ 250.00 \$2100.00 of 9 of |
| D8680 | Consultation Evaluation Records/Treatment Planning Orthodontic treatment Retention | \$ 35.00 \$ 250.00 \$2300.00 |

a Limit of one every six months

b Limit one per tooth every eight years

c Limit one every 12 months

d Limit one every five years

e Limit of one every three years

f Limit of one every eight year

• Your participating general dentist and participating specialist office visit co-payment amounts, if applicable, are shown on your I.D. card.

- Your office visit co-payment is applicable for all dates of service and is in addition to the co-payment amounts listed for covered dental care services.
- Not all participating dentists perform all listed procedures, including amalgams. Please consult your dentist prior to treatment for availability of services.
- Unlisted procedures may be eligible to receive up to a 20% discount. Members may contact their participating provider to determine if any discounts apply. Visit Humana.com to find a participating dentist.
- Additional exclusions and limitations are listed along with full plan information in your Certificate of Benefits.

Insured or administered by Humana Insurance Company, The Dental Concern, Inc., CompBenefits Dental, Inc., CompBenefits Company, HumanaDental Insurance Company, or CompBenefits Insurance Company.



| | If you use an IN-NETWORK dentist | If you use an OUT-OF-NETWORK dentist | |
|---|-------------------------------------|---|--|
| Calendar-year deductible (excludes orthodontia services) | IndividualFamily\$50\$150 | IndividualFamily\$50\$150 | |
| Calendar-year appual maximum | Deductible applies to all service | es excluding preventive services. | |
| Calendar-year annual maximum (excludes orthodontia services) | 0274 | | |
| Preventive services Routine oral examinations (2 per year) Bitewing x-rays (2 films under age 10, up to 4 films ages 10 and older) Routine cleanings (2 per year) Fluoride treatment (1 per year, through age 14) Sealants (permanent molars, through age 14) Space maintainers (primary teeth, through age 14) Oral Cancer Screening (1 per year, ages 40 and older) | 100% no deductible | 80% no deductible | |
| Basic services Emergency care for pain relief Amalgam fillings (1 per tooth every 2 years, composite for anterior/front teeth) Composite fillings (1 per tooth every 2 years, molar teeth) Oral surgery (tooth extractions including impacted teeth) Stainless steel crowns Harmful habit appliances for children (1 per lifetime, through age 14) Periodontics (periodontal cleanings 4 per year, scaling/root planing and surgery 1 per quadrant every 3 years) Endodontics (root canals 1 per tooth per lifetime and 1 re-treatment) | 80% after deductible | 60% after deductible | |
| Major services Crowns (1 per tooth every 5 years) Inlays/onlays (1 per tooth every 5 years) Bridges (1 per tooth every 5 years) Dentures (1 per tooth ever 5 years) Denture relines/rebases (1 every 3 years, following 6 months of denture use) Denture repair and adjustments (following 6 months of denture use) | 0% after deductible; no benefit | 0% after deductible; no benefit | |
| Orthodontia services | to 20%. Members may contact | nt on non-covered services of up their participating provider to available on non-covered services. | |

Humana Dental PPO 14

Non-participating dentists can bill you for charges above the amount covered by your HumanaDental plan. To ensure you do not receive additional charges, visit a participating PPO Network dentist. Members and their families benefit from negotiated discounts on covered services by choosing dentists in our network. If a member visits a participating network dentist, the member will not receive a bill for charges more than the negotiated fee for covered services. If a member sees an out-of-network dentist, coinsurance will apply to the maximum allowable charge of one or more network providers in your geographic area. Out-of-network dentists may bill you for charges above the amount covered by your dental plan.

Waiting periods

Voluntary funding: 10+ enrolled employees

| Enrollment type | Preventive | Basic | Major | Orthodontia |
|---|------------|-------|-------|-------------|
| Initial enrollment, open enrollment and timely add-on | No | No | No | No |

Feel good about choosing a HumanaDental plan

Make regular dental visits a priority

Regular cleanings can help manage problems throughout the body such as heart disease, diabetes, and stroke.* Your HumanaDental PPO plan focuses on prevention and early diagnosis, providing four exams and cleanings every calendar year: two regular and two periodontal. * www.perio.org

Go to MyDentalIQ.com Take a health risk assessment that immediately rates your dental health knowledge. You'll receive a personalized action plan with health tips. You can print a copy of your scorecard to discuss with your dentist at your next visit.

Tips to ensure a healthy mouth

- Use a soft-bristled toothbrush
- Choose toothpaste with fluoride
- Brush for at least two minutes twice a day
- Floss daily
- Watch for signs of periodontal disease such as red, swollen, or tender gums
- Visit a dentist regularly for exams and cleanings

Did you know that 74 percent of adult Americans believe an unattractive smile could hurt a person's chances for career success?* HumanaDental helps you feel good about your dental health so you can smile confidently.

* American Academy of Cosmetic Dentistry

Questions?

Simply call 1-800-233-4013 to speak with a friendly, knowledgeable Customer Care specialist, or visit Humana.com.

Use your HumanaDental benefits

Find a dentist

With HumanaDental's PPO plan, you can see any dentist. Members and their families benefit from negotiated discounts on covered servcies by choosing dentists in the HumanaDental PPO Network. To find a dentist in HumanaDental's PPO Network, log on to Humana.com or call 1-800-233-4013.

Know what your plan covers

The other side of this page gives you a summary of HumanaDental benefits. Your plan certificate describes your HumanaDental benefits, including limitations and exclusions. You can find it on MyHumana, your personal page at HumanaDental.com or call 1-800-233-4013.

See your dentist

Your HumanaDental identification card contains all the information your dentist needs to submit your claims. Be sure to share it with the office staff when you arrive for your appointment. If you don't have your card, you can print proof of coverage at Humana.com.

Learn what your plan paid

After HumanaDental processes your dental claim, you will receive an explanation of benefits or claims receipt. It provides detailed information on covered dental services, amounts paid, plus any amount you may owe your dentist. You can also check the status of your claim on MyHumana at Humana.com or by calling 1-800-233-4013.

Humana group dental plans are offered by Humana Insurance Company, HumanaDental Insurance Company, Humana Insurance Company of New York, Humana Health Benefit Plan of Louisiana, The Dental Concern, Inc., Humana Medical Plan of Utah, CompBenefits Company, CompBenefits Dental, Inc., Humana Employers Health Plan of Georgia, Inc. or DentiCare, Inc. (d/b/a CompBenefits)

This is not a complete disclosure of plan qualifications and limitations. Your agents will provide you with specific limitations and exclusions as contained in the Regulatory and Technical Information Guide. Please review this information before applying for coverage. The amount of benefits provided depends upon the plan selected. Premiums will vary according to the selection made.

Humana

| | If you use an IN-NETWORK | dentist | If you use an OUT-OF-NETW | /ORK dentist |
|---|--|--|------------------------------|-----------------|
| Calendar-year deductible (excludes orthodontia services) | Individual \$50 Deductible ap | Family \$150 plies to all service | Individual \$50 | Family \$150 |
| Calendar-year annual maximum (excludes orthodontia services) | \$1,000 | | | |
| Preventive services Routine oral examinations (2 per year) Bitewing x-rays (2 films under age 10, up to 4 films ages 10 and older) Routine cleanings (2 per year) Fluoride treatment (1 per year, through age 14) Sealants (permanent molars, through age 14) Oral Cancer Screening (1 per year, ages 40 and older) | 100% no dedi | uctible | 100% no dedu | uctible |
| Basic services Space maintainers (primary teeth, through age 14) Amalgam fillings (1 per tooth every 2 years, composite for anterior/front teeth) Composite fillings (1 per tooth every 2 years, molar teeth) Oral surgery (non-surgical extractions) Stainless steel crowns Harmful habit appliances for children (1 per lifetime, through age 14) Periodontics (periodontal cleanings 4 per year, scaling/root planing and surgery 1 per quadrant every 3 years) | 80% after deductible | | 80% after deductible | |
| Major services Crowns (1 per tooth every 5 years) Inlays/onlays (1 per tooth every 5 years) Bridges (1 per tooth every 5 years) Dentures (1 per tooth ever 5 years) Denture relines/rebases (1 every 3 years, following 6 months of denture use) Denture repair and adjustments (following 6 months of denture use) Oral surgery (surgical extractions) Periodontics (sourgical) Endodontics (root canals 1 per tooth per lifetime and 1 re-treatment) Emergency care for pain relief | 50% after deductible | | 50% after deductible | |
| Orthodontia services | Child orthodontia - Covers children through age 18. Plan pays 50 percent (no deductible) of the covered orthodontia services, up to: \$1,000 lifetime orthodontia maximum. | | | |

Humana Dental Traditional Preferred 14

Non-participating dentists can bill you for charges above the amount covered by your HumanaDental plan. To ensure you do not receive additional charges, visit a participating PPO Network dentist. Members and their families benefit from negotiated discounts on covered services by choosing dentists in our network. If a member visits a participating network dentist, the member will not receive a bill for charges more than the negotiated fee for covered services. If a member sees an out-of-network dentist, coinsurance will apply to the usual and customary charge. Out-of-network dentists may bill you for charges above the amount covered by your dental plan.

Waiting periods

Voluntary funding: 10+ enrolled employees

| Enrollment type | Preventive | Basic | Major | Orthodontia |
|---|------------|-------|-------|-------------|
| Initial enrollment, open enrollment and timely add-on | No | No | No | No |

Humana Dental Traditional Preferred 14

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Tips to ensure a healthy mouth

- Use a soft-bristled toothbrush
- Choose to othpaste with fluoride
- Brush for at least two minutes twice a day
- Floss daily
- Watch for signs of periodontal disease such as red, swollen, or tender gums
- Visit a dentist regularly for exams and cleanings

Did you know that 74 percent of adult Americans believe an unattractive smile could hurt a person's chances for career success?* HumanaDental helps you feel good about your dental health so you can smile confidently.

* American Academy of Cosmetic Dentistry

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Use your HumanaDental benefits

Find a dentist

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Know what your plan covers

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This is not a complete disclosure of plan qualifications and limitations. Your agents will provide you with specific limitations and exclusions as contained in the Regulatory and Technical Information Guide. Please review this information before applying for coverage. The amount of benefits provided depends upon the plan selected. Premiums will vary according to the selection made.

Humana



Virtual dental care 24/7

When it's urgent, you can see a dentist virtually

Humana members have access to \$0 teledentistry, also known as virtual dental care, with Teledentix, as part of their Humana Dental plan. Teledentistry services allow you to see a dentist within minutes from your computer, smartphone or tablet.

If you're in pain or cannot visit a dentist's office, virtual dental care may be an option rather than a visit to the emergency room.

Note: Only available with PPO and Traditional Preferred plans. Not available in all states.



To learn more about Humana's virtual dental care, scan the QR code or download the flyer <u>here</u>.





How to find a dentist in the network

Visiting a dentist in the Humana network ensures you're getting the lowest cost for dental care. To find an in-network dentist for each plan, follow these steps:





Step 1:

Scan the QR code or go to **finder.humana.com** and select the "Dentist" tab.

Step 2: Enter your search information based on plan

For the Traditional Preferred / PPO / Preventive Plus plans:

- Enter your **ZIP code**
- In "Select a lookup method" choose "PPO" coverage type
- Select the network: [PPO/Traditional Preferred]
- Click "Search" button

For the DHMO / Prepaid plans: Advantage Plus:

- Enter your **ZIP code**
- In "Select a lookup method" choose "DHMO" coverage type
- Select the network: Advantage Plus
- Click "Search" button

Note: For the DHMO plan, you must choose a Primary Care Dentist.

Is your dentist missing from our network?

We don't want you to have to choose between continuing to see your dentist and receiving the best possible value from your dental benefit plan.



You can help us get your dentist in our network. Scan the QR code and fill out the online form to refer your dentist.



What else comes with your Humana plan?

As a Humana member, you'll have access to other perks like our exclusive discounts on a variety of services that support your overall health and well-being.



Exclusive discounts for Humana members

Access to a variety of discounts that support your overall health and well-being

We understand the importance of your overall health and that's why we've carefully selected companies to team up with to offer special discounts Humana members can enjoy:

- **Personalized dental products** for things like invisible teeth straightening aligners, teeth whitening and dental devices with tracking and personalized feedback
- Vision care discounts on LASIK, exams, glasses and contacts
- Hearing aid options in your area and online
- Additional discounts for things like weight loss, massage therapy, fitness devices, and more

Featured dental care programs

To give you something more to smile about, you'll have access to these dental care services:

Byte: Clear aligners you can do from the comfort of your home. **Scan the QR code to learn more.**



Truthbrush: A digital device for kids with oral care tracking technology that attaches to any toothbrush - any brand.

Visit <u>truthbrush.com</u> to learn more.



To learn more about our exclusive discounts available after you enroll in a Humana plan, scan the QR code or download the flyer <u>here</u>.





Manage your plan online

MyHumana: Your dental plan at your fingertips

Once you become a Humana dental plan member, you can register for MyHumana. You'll get quick and secure access to your dental plan information anytime, anywhere:

- View, print and email your ID card
- Check your claims status
- Review deductibles and coverage details
- Chat with a representative about any of your dental plan questions
- Access your exclusive member discounts



To learn more about MyHumana and how to register once you become a member, scan the QR code or download the flyer <u>here</u>.



Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618
 If you need help filing a grievance, call 877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
- **California residents**: You may also call California Department of Insurance toll-free hotline number: **800-927-HELP (4357)**, to file a grievance.

Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you. 877-320-1235 (TTY: 711)

Español (Spanish): Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística. **繁體中文 (Chinese):** 撥打上面的電話號碼即可獲得免費語言援助服務。

Tiếng Việt (Vietnamese): Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí. 한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오 .

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

Русский (Russian): Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.
Français (French): Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.
Polski (Polish): Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.
Português (Portuguese): Ligue para o número acima indicado para receber serviços linguísticos, grátis.
Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.
Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche
Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

Diné Bizaad (Navajo): Wódahí béésh bee hani'í bee wolta'ígíí bich'íí hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العر بية

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك

Insured by Humana Insurance Company, The Dental Concern, Inc., Humana Insurance Company of New York, or Humana Health Benefit Plan of Louisiana, Inc. For Arizona residents: Insured by Humana Insurance Company. For Colorado: The Network Access Plan, which describes an access plan specific to your network, is available by calling the customer service number found on your Humana Dental ID card and requesting a copy. For New Mexico residents: Insured by Humana Insurance Company. For Texas residents: Insured by Humana Insurance Company.

Dental PPO plans are not offered in all states. This is a limited policy. This is a dental only policy.

For Colorado: The Network Access Plan, which describes an access plan specific to your network, is available by calling the customer service number found on your Humana Vision ID Card/Dental ID card and requesting a copy.

For Texas: This plan provides benefits for contracted and non-contracted dentists. Non-contracted dentists have not agreed to provide services at contracted fees. If a member sees a non-contracted dentist their out of pocket costs may be higher than that charged by contracted dentists.

DISCOUNT ONLY – NOT INSURANCE. Discounts are only available at participating providers. The range of discounts will vary based upon participating provider chosen to provide services. Retail prices may vary by location. Humana does not make payment for these services. You are obligated to pay for all services received and you will receive a discount from the participating provider. A list of participating providers is available upon request.

This communication provides a general description of certain identified insurance or non-insurance benefits provided under one or more of our insurance benefit plans. Our insurance benefit plans have exclusions and limitations and terms under which the coverage may be continued in force or discontinued. For costs and complete details of the coverage, refer to the plan document or call or write your Humana insurance agent or the company. In the event of any disagreement between this communication and the plan document, the plan document will control.



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